

**香港初級代表隊培訓計劃 – 初級代表隊訓練時間表(2024年1-3月)**

**Update Timetable of Feeder System Scheme –**

**Pre-Squad Training Programme in January to March 2024:**

**Kata & Kumite Lesson**

**Venue: Sun Yat Sen Memorial Park Sports Centre Dance Room**

**Address: 18 Eastern Street North, Sai Ying Pun, Hong Kong.**

**地址: 西營盤東邊街北十八號**

**Kata & Kumite Lesson**

<b>Tuesday</b>	<b>Friday</b>
<b>7-9pm</b>	<b>8-10pm</b>
	<b>05/01/2024</b>
	<b>12/01/2024</b>
<b>16/01/2024</b>	
<b>30/01/2024</b>	<b>02/02/2024</b>
<b>06/02/2024</b>	<b>16/02/2024</b>
	<b>23/02/2024</b>
<b>27/02/2024</b>	<b>01/03/2024</b>
<b>05/03/2024</b>	
<b>12/03/2024</b>	<b>15/03/2024</b>
<b>19/03/2024</b>	<b>22/03/2024</b>
<b>26/03/2024</b>	

*Rev. 27-12-2023*