

**The Karatedo Federation of Hong Kong, China Limited**

**中國香港空手道總會有限公司**

**Feeder System Scheme - Pre-Preliminary Training Programme 2023**

**2023年度香港初級代表隊培訓計劃 - 初級少年代表隊**

**Timetable**

**課堂時間表**

**Venue: Hong Kong Park Sports Centre Activity Room I**

**地點：香港公園體育館(活動室I)**

**Address: 29 Cotton Tree Drive, Central, Hong Kong**

**地址：香港中環紅棉路二十九號**

<b>Lesson 節數</b>	<b>Date (DD/MM/YYYY) 日期(日/月/年)</b>	<b>Time 訓練時間</b>	<b>Session 組別</b>
1	1/4/2023	1000-1200	A
2	2/4/2023	1200-1400	B
3	3/4/2023	2000-2200	B
4	15/4/2023	1000-1200	A
5	16/4/2023	1200-1400	A
6	17/4/2023	2000-2200	B
7	22/4/2023	1000-1200	B
8	23/4/2023	1200-1400	A
9	24/4/2023	2000-2200	A
10	29/4/2023	1000-1200	B
11	30/4/2023	1200-1400	B
12	6/5/2023	1000-1200	A
13	7/5/2023	1200-1400	A
14	13/5/2023	1000-1200	B
15	15/5/2023	2000-2200	B
16	20/5/2023	1000-1200	A

17	21/5/2023	1200-1400	A
18	22/5/2023	2000-2200	B
19	27/5/2023	1000-1200	B
20	28/5/2023	1200-1400	A
21	29/5/2023	2000-2200	A
22	3/6/2023	1000-1200	B
23	4/6/2023	1200-1400	B
24	5/6/2023	2000-2200	A
25	10/6/2023	1000-1200	A
26	11/6/2023	1200-1400	B
27	12/6/2023	2000-2200	B
28	17/6/2023	1000-1200	A
29	19/6/2023	2000-2200	A
30	24/6/2023	1000-1200	B
31	25/6/2023	1200-1400	B
32	26/6/2023	2000-2200	A

(Rv. 2/3/2023)